



The combination of seed stitch and cablework provides an interesting project to knit, as well as an interesting pucker in the final product. One skein of yarn will produce a smart little neck warmer that can be knit quickly.

This pattern was originally designed as a Mother's Day gift for both my aunt and my own mom. I wanted to create something feminine without the hassle of a scarf's loose ends or a shawl's finicky shape. This cowl has an organic structure that looks alive even when just casually thrown on over a jacket or blouse. The combination of seed stitch and cablework provides an interesting project to knit, as well as an interesting pucker in the final product. One skein of yarn will produce a smart little neck warmer that can be knit quickly. The 2-skein version can be wrapped multiple times around the neck for extra comfort and warmth.

MATERIALS

1 (2) skeins SweetGeorgia Yarns Trinity Worsted in Wisteria (200 yd / 182 m per 4 oz / 115 g skein; 70 % superwash merino wool, 20% cashmere, 10% silk)

NEEDLES & NOTIONS

Size 6 US / 4 mm circular needle, 24" / 60 cm (40" / 100 cm) long. *Adjust needle size if necessary to obtain the correct gauge.*

yarn needle, cable needle, measuring tape, 5 [11] stitch markers

GAUGE

24 sts and 30 rows = 4" / 10 cm over Twisted 1x2 Rib pattern.

SIZE

Short (Long)

FINISHED MEASUREMENTS

Width: 6¼" / 16 cm

SKILL

Intermediate

SKILLS REQUIRED

Knitting in the round, cables, increasing, decreasing.

LINEAL COWL // DESIGN BY GRACE VERHAGEN



ABBREVIATIONS

| | |
|-----------------|--|
| BO | bind off (cast off) |
| c4 over 4 right | sl4 to CN, hold in back. k1, p2, k1, then k1, p2, k1 from CN |
| CO | cast on |
| cm | centimeter(s) |
| CN | cable needle |
| k | knit |
| k2tog | knit two together (right-slanting decrease) |
| kfb | knit into front and back of stitch |
| M1R | Make 1 Right: Insert left needle, from back to front, under strand of yarn which runs between next stitch on left needle and last stitch on right needle; knit this stitch through front loop. 1 stitch increased. |
| p | purl |
| pm | place marker |
| rep | repeat |
| sm | slip marker |
| ssk | slip one stitch as if to knit, slip another stitch as if to knit, insert left-hand needle into front of these 2 stitches and knit them together |

CABLE PATTERN INSTRUCTIONS

Rows 1 to 4: p1, k1, p2, k2, p2, k1, p1, k1

Row 5: p1, c4 over 4 right, p1, k1

Rows 6 to 10: p1, k1, p2, k2, p2, k1, p1, k1

CABLE PATTERN CHART

| | 11 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | |
|----|----|----|---|---|---|---|---|---|---|---|---|--|
| 10 | | ● | | ● | ● | | | ● | ● | | ● | |
| 9 | | ● | | ● | ● | | | ● | ● | | ● | |
| 8 | | ● | | ● | ● | | | ● | ● | | ● | |
| 7 | | ● | | ● | ● | | | ● | ● | | ● | |
| 6 | | ● | | ● | ● | | | ● | ● | | ● | |
| 5 | | ● | | ● | ● | | | ● | ● | | ● | |
| 4 | | ● | | ● | ● | | | ● | ● | | ● | |
| 3 | | ● | | ● | ● | | | ● | ● | | ● | |
| 2 | | ● | | ● | ● | | | ● | ● | | ● | |
| 1 | | ● | | ● | ● | | | ● | ● | | ● | |

INSTRUCTIONS

CO 132 (264) sts.

Join to work in the round. If creating a conventional cowl, take care not to twist stitches before joining. If creating a mobius cowl, twist your stitch one complete rotation before joining to ensure one permanent twist in your work.

Row 1: Purl.

Row 2: Knit.

Row 3: Purl.

Row 4: *P1, kfb, p1, k2, p2, k1, p1, k1, M1R, [p1, k1] 6 times, pm; rep from * 6 (12) times. 144 (288) sts.

Row 5: *Work cable pattern, M1R, [p1, k1] 5 times, p1, k2tog, sm; rep from * 6 (12) times.

Repeat Row 5 until work is 6" / 15 cm long.

Row 6: *P1, ssk, p1, k2, p1, k2tog, p1, k1, M1R, [p1, k1] 5 times, p1, k2tog, sm; rep from * 6 (12) times. 132 (264) sts.

Repeat Rows 1-3 once more.

BO all stitches loosely.

FINISHING

Weave in any loose ends with a yarn needle.

DESIGNER BIO

Grace Verhagen lives in British Columbia, Canada, and is currently employed at SweetGeorgia Yarns. She lives with her husband and two cats and enjoys spinning, dyeing, travelling, running, and baking. Grace taught herself to knit in 2003, and started designing knitwear in 2012.

She can be found on Ravelry under the name "sprouts", and more of her patterns can be found here on her blog at thinksweeteyarnworks.blogspot.com. She can also be reached here:

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CREDITS

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Model

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ABOUT SWEETGEORGIA

In love with stunningly saturated and vibrant colour, SweetGeorgia Yarns is an artisan yarn company that makes exquisite and luxurious hand-dyed yarns for knitting and fibres for spinning. Share our love of colour, knitting and design at www.sweetgeorgiayarns.com.

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Super cozy and warm, these ribbed wristwarmers will stretch to fit all sizes. The centered double cable produces beautiful flowing curves and also helps to trap more air between the stitches, increasing the warmth overall.

MATERIALS

1 skein SweetGeorgia Yarns Trinity Worsted in Wisteria (200 yd / 182 m per 4 oz / 115 g skein; 70 % superwash merino wool, 20% cashmere, 10% silk)

NEEDLES & NOTIONS

Size 7 US / 4.5 mm circular needle or double-pointed needles (whichever you prefer for knitting small objects in the round). *Adjust needle size if necessary to obtain the correct gauge.* yarn needle, stitch markers, waste yarn

GAUGE

20 sts and 28 rows = 4" / 10 cm over Stockinette

SIZE

One size

FINISHED MEASUREMENTS

Width: stretches to 7" / 18 cm hand circumference.

SKILL

Intermediate

SKILLS REQUIRED

Knitting in the round, cables, increasing.

ABBREVIATIONS

CO cast on
cm centimeter(s)
CN cable needle

c4 over 4 left

sl4 to CN, hold in front. k1, p2, k1, then k1, p2, k1 from CN

c4 over 4 right

sl4 to CN, hold in back. k1, p2, k1, then k1, p2, k1 from CN

k knit

M1P Make 1 Purl: With left needle tip, lift strand between last knitted stitch and first stitch on left needle, from back to front. Purl lifted loop. 1 st increased.

p purl

ptbl purl through the back loop

pm place marker

rep repeat

sm slip marker

LINEAL WRISTWARMERS // BY FELICIA LO



CABLE PATTERN INSTRUCTIONS

Rows 1 to 4: p1, k1, [p2, k2] x 3, p2, k1, p1

Row 5: p1, c4 over 4 right, c4 over 4 left, p1

Rows 6 to 10: p1, k1, [p2, k2] x 3, p2, k1, p1

CABLE PATTERN CHART

| | | | | | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|---|---|---|---|---|---|---|---|---|----|
| 18 | 17 | 16 | 15 | 14 | 13 | 12 | 11 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 10 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 9 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 8 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 7 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 6 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 5 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 4 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 3 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 2 |
| • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | • | 1 |

LEFT WRISTWARMER

CO 40 sts.

Join to work in the round, taking care not to twist stitches before joining. Place marker to indicate start of the round.

Round 1 to 4: P3, k1, [p2, k2] x 3, p2, k1, p3, [k2, p2] x 4, k2.

Round 5: P3, c4 over 4 right, c4 over 4 left, p3, [k2, p2] x 4, k2.

Round 6 to 10: P3, k1, [p2, k2] x 3, p2, k1, p3, [k2, p2] x 4, k2.

Repeat Rounds 1 to 10 for a total of 3 times.

BEGIN THUMB GUSSET

Round 1 (increase round): sm, M1P, p1, M1P, pm, p1, work cable pattern as established, p2, [k2, p2] x 4, k2.

Round 2 to 4: sm, p to next marker, sm, p1, work cable pattern as established, p2, [k2, p2] x 4, k2.

Work Rounds 1 to 4 for a total of 5 times. Place 11 thumb stitches onto waste yarn.

Pick up 1 st at the gap and ptbl. Continue in pattern as established for another 2" / 5 cm or to desired length. Bind off loosely in ribbing.

THUMB

Transfer 11 sts from waste yarn back onto needle. Pick up 1 st from the gap formed between the thumb and the hand and ptbl. 12 sts.

Purl 3 rounds.

Work k2, p2 ribbing for 5 rounds and bind off loosely in ribbing.

RIGHT WRISTWARMER

Work as per Left Wristwarmer until start of the Thumb Gusset.

BEGIN THUMB GUSSET

Round 1 (increase round): P2, work cable pattern as established, p1, pm, M1P, p1, M1P, pm, [k2, p2] x 4, k2.

Round 2 to 4: P2, work cable pattern as established, p1, sm, p to next marker, sm, [k2, p2] x 4, k2.

Work Rounds 1 to 4 for a total of 5 times. Work to marker for the start of the thumb and place 11 thumb stitches onto waste yarn.

Continue in pattern as established for another 2" / 5 cm or to desired length. Bind off loosely in ribbing.

THUMB

Work thumb instructions as per Left Wristwarmer.

FINISHING

Weave in any loose ends with a yarn needle.

DESIGNER BIO

Felicia is the Founder and Creative Director of SweetGeorgia Yarns. She has been obsessed with colour and fibre since forever and blogging about it since 2004. When she's not playing with yarn, she's snowboarding at Cypress, having tacos at La Taqueria, or trying out sketchy noodle shops in Vancouver with her husband.

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CREDITS

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Test Knitting
Ginny Landry

Model
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ABOUT SWEETGEORGIA

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